

# Demographic Reporting Form

## Individual – Quarterly Totals

Positive Alternatives

Dates: April 1 – June 30, 2017 Grantee Name: Wakota

### 1. Client Age Range:

Under 15	15-17	18-19	20-24	25-29	30-34	35+	Unknown age
1	8	15	60	62	36	30	1

### 2. Client Pregnancy Status:

1st Trimester	2nd Trimester	3rd Trimester	Post-partum	Pregnancy Status Unknown	Other (Father or Grandparent)
41	16	37	54	2	10

people who have a "negative pregnancy test" don't have a status, explaining why the total is 160, not 213.

### 3. Client Marital Status:

Married	Not Married	Marital Status Unknown
48	164	1

### 4. Client Race:

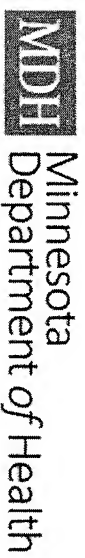
Race: White	Race: African American	Race: African-American	Race: American Indian	Race: Asian Pacific	Race: Other/ Multi Race	Race: Unknown
98	64	18	10	7	16	0

### 5. Client Ethnicity:

Hispanic Ethnicity: Yes	Hispanic Ethnicity: No	Ethnicity: Unknown
71	142	0

### 6. Client Type:

Mother	Father	Grandparent	Other
203	3	4	3



## Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Wakota Life Care Center, West St. Paul

Contact:

Phone and Email:

Goal: To provide necessary services and referrals to pregnant and parenting women in Dakota and Ramsey

For the period/quarter:

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Administer all Positive Alternative grant activities			
Outreach	Develop relationships and partnerships with strategic community agencies in our service area, focusing on the Latino community.		We were invited and participated in one of the largest Latino festivals at Our Lady of Guadalupe Church during this quarter. This provided a great venue to share our services with the community. Also, we have translated all of our brochures and signage into Spanish.	
Case Management Services	Provide follow up calls/contact with positive pregnancy test clients.	50	Our numbers have greatly increased over the last few months, which leads to higher than anticipated follow-up calls. We believe it is very important to follow up with clients and let them know about our other supportive services and also, simply see how they are doing.	130

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Crib Distribution/ Sleep Safety Education</b>		10	We are one of or the highest Pack n'Play distributor for Cradle of Hope. Our demand for these has gone up dramatically over the past quarter.	66
<b>Financial Assistance</b>	Provide assistance in completing financial aid applications (Cradle of Hope, Life Fund, and other applicable agency applications) to pregnant and parenting women.	25	We have not seen as many requests for assistance over the past quarter.	13
<b>Life-Skills Education Program</b>	Provide educational programs to pregnant and parenting women that are about building life skills such as budgeting, relationship building, and housing.	5	We have held a variety of educational programming for our clients this quarter. These specialized "Wakota Learns" classes has focused on the following areas: Housing Education Employment Life Coaching Food Assistance	27
<b>Material Support</b>	Provide baby and maternity clothing, diapers, layettes, baby equipment or furniture items (non-incentive based) to pregnant and parenting women (once-a-month frequency).	175	We provide a huge assortment of material assistance. This attracts many of our new clients, who then take advantage of our other supportive services or referrals.	731

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Nutrition	Provide prenatal vitamins to every pregnant women with a positive pregnancy test.	35	This number is based on positive pregnancy tests and fluctuates based on the # of positive tests.	41
Parenting Education	Provide parenting programs that are specifically designed to educate pregnant and parenting women on parenting skills, including infant care, positive parenting, and discipline.	5	We provided a variety of educational programming in our Wakota Learns program this quarter including: <ul style="list-style-type: none"> <li>- Parenting</li> <li>- Safe Sleep Only (received Baby Box)</li> <li>- Childcare</li> </ul>	23
Pregnancy Education Program	Provide educational programming that is specifically designed to educate pregnant and parenting women about pregnancy, including prenatal classes, childbirth education classes, smoking cessation, drug/alcohol cessation, prenatal nutrition, and doula services.	5	We provided a variety of educational programming in our Wakota Learns program this quarter including: <ul style="list-style-type: none"> <li>- FEMM Health</li> <li>- Introduction to Doulas</li> <li>- Breastfeeding</li> <li>- Childbirth</li> </ul>	20
Pregnancy Testing	Provide eligibility assessment, pregnancy counseling, and testing.	75	We provided more than our estimated plan, as our numbers continue to rise with each quarter.	101

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	60	Referrals are available to anyone that comes to Wakota. We provide both a brochure with yearly updated referrals, along with a large database of community referrals for specific needs based on a client's interest and needs.	80
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals		All positive pregnancy tests receive a resource folder containing support services.	48
Ultrasound	Provide limited diagnostic ultrasound services (including assessment, intake and counseling). Offered to all positive pregnancy test women.	30	This number is based on the number of positive pregnancy tests. Each woman with a positive pregnancy test is offered a free limited diagnostic ultrasound.	36

<b>Maternal and Child Health Initiative Task Force Strategies</b>	
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	<b>No.</b>
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	<b>10</b>
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	<b>0</b>
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	<b>75</b>
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	<b>67</b>
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	<b>1</b>

**Challenges:**

**Comments:**

We have been providing car seat safety classes with car seats funded by Wakota, not State funds. We offer one class a month, with each family receiving a free car seat (or seats – depending on need). Starting next quarter, they will be Grant funded.